

## DAILY PROGRAMME

# MONDAY

TIME	ACTIVITY
08:00	<b>Guided Hike to Neptune's Pool: 4 Hours</b> (Meet at the Sundial) Please book on the corresponding sign-up sheet located in Reception foyer.
09:00	<b>Highlighted Hike to Ribbon Falls: 3.5 Hours</b> (Meet at the Sundial) Enjoy the novelty of tea, coffee & rusks in the mountains. Please book on the corresponding sign-up sheet located in the Reception foyer.
*09:30	<b>Intermediate Horse Ride: 1 Hour</b> (Meet at the Stables) An outride with an amazing setting for the more experienced rider. Please book on the corresponding sign-up sheet located in the Reception foyer.
10:30	<b>Children's Pony Ride: 5 Minutes</b> (Meet at the Stables) A fun ride on one of nature's most beautiful creatures, for all to enjoy. Please book on the corresponding sign-up sheet located in the Reception foyer.
11:00	<b>Horse Shoe Tossing</b> (Meet at the Sundial) / <b>Battle of the Sexes</b> (Meet in the Lounge)
*11:00	<b>Beginners Horse Ride: 1 Hour</b> (Meet at the Stables) A slow, yet exhilarating outride with breath-taking views, bound to be a memorable experience for all. Please book on the corresponding sign-up sheet.
13:30	<b>Guided Walk to Belinda Falls: 30 Minutes</b> (Meet at the Sundial) Please book on the corresponding sign-up sheet.
14.30	<b>Climbing Wall</b> (Meet at the Climbing Wall) Take on the climbing wall, will you conquer it? Please book on the corresponding sign-up sheet located in the Reception foyer.
15:00	<b>Crossword Competition</b> (Meet in the Lounge)
20:00	<b>Bingo</b> (Meet in the Lounge)

### KEY

\* Please note these activities carry a surcharge

Cathedral Four Challenge walks - complete all four walks and receive a medal, certificate and your name on our Challenge board. Please fill in our Cathedral Four book at reception as you complete a walk.

Rainy Day Alternatives

Please contact reception with any queries relating to the above

## DAILY PROGRAMME

# TUESDAY

TIME	ACTIVITY
07.00	<b>Guided Bird Spotting Walk:</b> 1 Hour (Meet at the Sundial) Please book on the corresponding sign-up sheet located in the Reception foyer.
08:00	<b>Guided Hike to One Tree Hill:</b> 3.5 Hours (Meet at the Sundial) Enjoy the novelty of tea, coffee & rusks in the mountains. Please book on the corresponding sign-up sheet located in Reception foyer.
09.00	<b>Highlighted Walk to Doreen Falls:</b> 1.5 Hours (Meet at the Sundial) Please book on the corresponding sign-up sheet located in the Reception foyer.
*09:30	<b>Intermediate Horse Ride:</b> 1 Hour (Meet at the Stables) An outride with an amazing setting for the more experienced rider. Please book on the corresponding sign-up sheet located in the Reception foyer.
10:30	<b>Children's Pony Ride:</b> 5 Minutes (Meet at the Stables) A fun ride on one of nature's most beautiful creatures, for all to enjoy. Please book on the corresponding sign-up sheet located in the Reception foyer.
11:00	<b>Mini Golf Competition</b> (Meet at the Mini Golf) / <b>Minute to Win It</b> (Meet in the Lounge)
*11:00	<b>Beginners Horse Ride:</b> 1 Hour (Meet at the Stables) A slow, yet exhilarating outride with breath-taking views, bound to be a memorable experience for all. Please book on the corresponding sign-up sheet.
14.30	<b>Climbing Wall</b> (Meet at the Climbing Wall) Take on the climbing wall, will you conquer it? Please book on the corresponding sign-up sheet located in the Reception foyer.
15:00	<b>Boule</b> (Meet at Badminton Court) / <b>Carpet Bowls</b> (Meet in the Lounge)
20:00	<b>Memory Challenge</b> (Meet in the Lounge)

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## DAILY PROGRAMME

# WEDNESDAY

TIME	ACTIVITY
07:10	<b>Guided Hike to Cathedral Peak Summit:</b> 9-10 Hours (Meet at the Sundial) Can you summit this beautiful mountain? A strenuous and challenging hike, not for the faint hearted. Please book on the corresponding sign-up sheet located in the Reception foyer and read the instructions on the reverse side.
08:00	<b>Guided Hike to Barker's Chalet Cave:</b> 3.5 Hours (Meet at the Sundial) Please book on the corresponding sign-up sheet located in the Reception foyer.
*09:30	<b>Intermediate Horse Ride:</b> 1 Hour (Meet at the Stables) An outride with an amazing setting for the more experienced rider. Please book on the corresponding sign-up sheet located in the Reception foyer.
10:30	<b>Children's Pony Ride:</b> 5 Minutes (Meet at the Stables) A fun ride on one of nature's most beautiful creatures, for all to enjoy. Please book on the corresponding sign-up sheet located in the Reception foyer.
11:00	<b>Table Tennis Tournament</b> (Meet at the Sundial)
*11:00	<b>Beginners Horse Ride:</b> 1 Hour (Meet at the Stables) A slow, yet exhilarating outride with breath-taking views, bound to be a memorable experience for all. Please book on the corresponding sign-up sheet.
15:00	<b>Hole in One</b> (Meet at the Mini Golf Course) / <b>Charades</b> (Meet in the Lounge)
15.30	<b>Highlighted Sunset Walk to the Golf Course via Lake Jarred:</b> 2 Hours (Meet at the Sundial) Join us for a beautiful afternoon walk & enjoy the novelty of tea, coffee & rusks at the Golf Clubhouse. Please book on the corresponding sign-up sheet located in the Reception foyer.
20:00	<b>Quiz</b> (Meet in the Lounge)

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**Rainy Day Alternatives**

## DAILY PROGRAMME

# THURSDAY

TIME	ACTIVITY
08:00	<b>Guided Walk to Lake William: 3.5 Hours</b> (Meet at the Sundial) Please book on the corresponding sign-up sheet located in the Reception foyer.
09:00	<b>Highlighted Walk to Albert Falls via Doreen Falls: 2.5 Hours</b> (Meet at the Sundial) Come with us and cool off by the falls whilst enjoying the novelty of tea, coffee and rusks. Please book on the corresponding sign-up sheet located in Reception foyer.
*09:30	<b>Intermediate Horse Ride: 1 Hour</b> (Meet at the Stables) An outride with an amazing setting for the more experienced rider. Please book on the corresponding sign-up sheet located in the Reception foyer.
10:30	<b>Children's Pony Ride: 5 Minutes</b> (Meet at the Stables) A fun ride on one of nature's most beautiful creatures, for all to enjoy. Please book on the corresponding sign-up sheet located in the Reception foyer.
11:00	<b>Tennis Competition</b> (Meet at the Tennis Courts) / <b>Giant Jenga</b> (Meet in the Lounge)
*11:00	<b>Beginners Horse Ride: 1 Hour</b> (Meet at the Stables) A slow, yet exhilarating outride with breath-taking views, bound to be a memorable experience for all. Please book on the corresponding sign-up sheet.
13:30	<b>Guided Walk to Blue Pools: 2.5 Hours</b> (Meet at the Sundial) Please book on the corresponding sign-up sheet located in the Reception foyer.
14.30	<b>Climbing Wall</b> (Meet at the Climbing Wall) Take on the climbing wall, will you conquer it? Please book on the corresponding sign-up sheet located in the Reception foyer.
15:00	<b>Scrabble</b> (Meet in the Lounge)
20:00	<b>Pictionary</b> (Meet in the Lounge)

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**Rainy Day Alternatives**

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## DAILY PROGRAMME

# FRIDAY

TIME	ACTIVITY
08:00	<b>Highlighted Hike to Rainbow Gorge: 5 Hours</b> (Meet at the Sundial) Enjoy the novelty of tea, coffee & rusks in the mountains. Please book on the corresponding sign-up sheet located in the Reception foyer.
09:00	<b>Guided Walk to Umlambonja Valley &amp; The Bushman Paintings: 2 Hours</b> (Meet at the Sundial) Please book on the corresponding sign-up sheet located in the Reception foyer.
*09:30	<b>Intermediate Horse Ride: 1 Hour</b> (Meet at the Stables) An outride with an amazing setting for the more experienced rider. Please book on the corresponding sign-up sheet located in the Reception foyer.
10:30	<b>Children's Pony Ride: 5 Minutes</b> (Meet at the Stables) A fun ride on one of nature's most beautiful creatures, for all to enjoy. Please book on the corresponding sign-up sheet located in the Reception foyer.
11:00	Volleyball (Meet at the Volleyball Court) / <b>Word within a Word</b> (Meet in the Lounge)
*11:00	<b>Beginners Horse Ride: 1 Hour</b> (Meet at the Stables) A slow, yet exhilarating outride with breath-taking views, bound to be a memorable experience for all. Please book on the corresponding sign-up sheet.
13:30	<b>Guided Walk to Fern Forest: 2.5 Hours</b> (Meet at the Sundial) Join us on this beautiful guided hike leading into an old indigenous forest ending with a refreshing river pool. Please book on the corresponding sign-up sheet located in Reception foyer.
14.30	<b>Climbing Wall</b> (Meet at the Climbing Wall) Take on the climbing wall, will you conquer it? Please book on the corresponding sign-up sheet located in the Reception foyer.
15:00	<b>Pick a Box</b> (Meet in the Lounge)
20:00	<b>Karaoke</b> (Meet in Harry's Action Bar)

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## DAILY PROGRAMME

# SATURDAY

TIME	ACTIVITY
07.10	<b>Guided Hike to Cathedral Peak Summit:</b> 9-10 Hours (Meet at the Sundial) Can you summit this beautiful mountain? A strenuous and challenging hike, not for the faint hearted. Please book on the corresponding sign-up sheet located in the Reception foyer and read the instructions on the reverse side
08:00	<b>Highlighted Hike to Baboon Rock:</b> 4 Hours (Meet at the Sundial) Join us for a beautiful afternoon walk and enjoy the novelty of tea, coffee & rusks. Please book on the corresponding sign-up sheet located in the Reception foyer.
*09:30	<b>Intermediate Horse Ride:</b> 1 Hour (Meet at the Stables) An outride with an amazing setting for the more experienced rider. Please book on the corresponding sign-up sheet located in the Reception foyer.
10:30	<b>Children's Pony Ride:</b> 5 Minutes (Meet at the Stables) A fun ride on one of nature's most beautiful creatures, for all to enjoy. Please book on the corresponding sign-up sheet located in the Reception foyer.
11:00	<b>Corn Hole</b> (Meet at the Badminton Court) / <b>Quiz</b> (Meet in the Lounge)
*11:00	<b>Beginners Horse Ride:</b> 1 Hour (Meet at the Stables) A slow, yet exhilarating outride with breath-taking views, bound to be a memorable experience for all. Please book on the corresponding sign-up sheet.
14.30	<b>Climbing Wall</b> (Meet at the Climbing Wall) Take on the climbing wall, will you conquer it? Please book on the corresponding sign-up sheet located in the Reception foyer.
15:00	<b>Bingo</b> (Meet in the Lounge)
15:30	<b>Guided Sunset Walk: Lake Byron via Ashlea's Amble:</b> 1.5 Hours (Meet at the Sundial) Please book on the corresponding sign-up sheet located in the Reception foyer.
20:00	<b>Music Quiz</b> (Meet in the Lounge)

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**Rainy Day Alternatives**

## DAILY PROGRAMME

# SUNDAY

TIME	ACTIVITY
08:00	<b>Guided Hike to Mushroom Rock:</b> 3.5 Hours (Meet at the Sundial). Take along a camera and make the most of the fabulous photo opportunities presented by this unusual rock formation and the breathtaking views from the ridge above. Please book on the corresponding sign-up sheet located in the Reception foyer.
09:00	<b>Highlighted Walk to Doreen Falls &amp; Busman Paintings:</b> 2.5 Hour (Meet at the Sundial). Enjoy the novelty of tea, coffee & rusks in the mountains. Please book on the corresponding sign-up sheet located in Reception foyer.
*09:30	<b>Intermediate Horse Ride:</b> 1 Hour (Meet at the Stables). An outride with an amazing setting for the more experienced rider. Please book on the corresponding sign-up sheet located in the Reception foyer.
10:30	<b>Children's Pony Ride:</b> 5 Minutes (Meet at the Stables). A fun ride on one of nature's most beautiful creatures, for all to enjoy. Please book on the corresponding sign-up sheet located in the Reception foyer.
11:00	<b>Bowls</b> (Meet at the Bowling Green) / <b>Charades</b> (Meet in the Lounge)
*11:00	<b>Beginners Horse Ride:</b> 1 Hour (Meet at the Stables). A slow, yet exhilarating outride with breath-taking views, bound to be a memorable experience for all. Please book on the corresponding sign-up sheet.
15:00	<b>Croquet</b> (Meet at the Badminton Court) / <b>Memory Challenge</b> (Meet in the Lounge)

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